

VETERAN- DIRECTED CARE PROGRAM (VDC)

Provides an opportunity for Veterans to direct their own care. This service option offers you more personal choice in your homecare services, allowing you to:

- Act as the employer
- Recruit, interview and select your PCA(s). PCAs may be advertised for, or they may be your spouse, family, friends or members of your religious community.
- Design the PCA schedule within the approved spending limit
- Designate duties for the PCA, provide training and supervision
- Manage your personalized service budget in conjunction with a fiduciary agency

The goal of the VDC program is to help maximize independence by providing help with home based care and supplies that are not currently available through the VA. The Area Agency on Aging (AAA) Support Broker will provide monthly support with care plan and the fiduciary agent will assist with payroll needs. The program is designed to provide flexibility and control to meet your needs by allowing you to hire and manage your own staff.

If you are interested in the program, contact your VA case manager for a referral. You can obtain additional information by calling the toll-free number 1-800-994-9422 to connect with the Area Agency on Aging that covers the town where you live. The VDC program is available in all parts of Connecticut.

THE VETERAN- DIRECTED CARE PROGRAM



***The answers you need...
resources you can trust !***

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VETERAN-DIRECTED CARE PROGRAM

Offered in collaboration with the Veteran's Health Care Administration, the Department of Aging and Disabilities Services, and with all of the Area Agencies on Aging in Connecticut.

What is the Veteran-Directed Care Program (VDC)?

The program empowers qualifying Veterans as the employer to hire and supervise their own workers and vendors to help with their daily needs. An Area Agency on Aging (AAA) Support Broker, will conduct an assessment to determine eligibility and level of need, review guidelines of the program and assist you with the development of a plan of care and provide monthly monitoring. You will receive a flexible budget to buy items and services that will help you live independently in the community. You (or your family caregiver) will be responsible to find and hire your own staff, develop a schedule that meets your needs, and monitor hours and sign timesheets. The fiduciary agency will process payroll.

What type of services are available?

The services that may be available to you are:

- Assistance with personal care such as bathing, dressing, grooming, medication reminders, and bladder and bowel care.
- Assistance with household tasks, such as cleaning, laundry, shopping, and meal preparation.
- Skilled Nursing Services
- A review of your physical, cognitive, and financial health (Monthly (Email, phone or text message), Quarterly Home Visit (Face-to-Face) and Annual Assessment (Face-to-Face))
- Consumable medical supplies such as nutritional supplements
- Participation in Adult Day Center

How does a Veteran qualify for VDC?

The program is based on the veteran's level of need. The level of need is determined by the assessment conducted by the AAA Support Broker. The VA then reviews the assessment and gives the Support Broker the approval to develop a plan of care based on your individualized monthly budget.

How does one apply for VDC?

Your VA case manager will contact the VA's Care Management Department to make a referral. If you are interested in the program, contact your VA case manager or the Area Agency on Aging for your town.

Veterans must first be registered with the VA CT Healthcare System.

Veterans can apply in person at the West Hartford Campus on the first floor of Building 2 and at the Newington Campus on the first floor of building 2E or by mail. Veterans will need to bring a copy of both sides of your current insurance card, a copy of your DD214 and for Purple Heart recipients, a copy of your award letter.
