



# **2022 TITLE III PROGRAM DIRECTORY**

*“Enhancing the quality of life for older adults, individuals with disabilities, and their caregivers in North Central Connecticut by ensuring that they have access to quality, cost effective services.”*

**NORTH CENTRAL AREA AGENCY ON AGING, INC.  
151 NEW PARK AVENUE, BOX 75  
HARTFORD, CT 06106**

**PHONE: 860-724-6443  
FAX: 860-251-6107  
WEBSITE: [www.ncaaact.org](http://www.ncaaact.org)**

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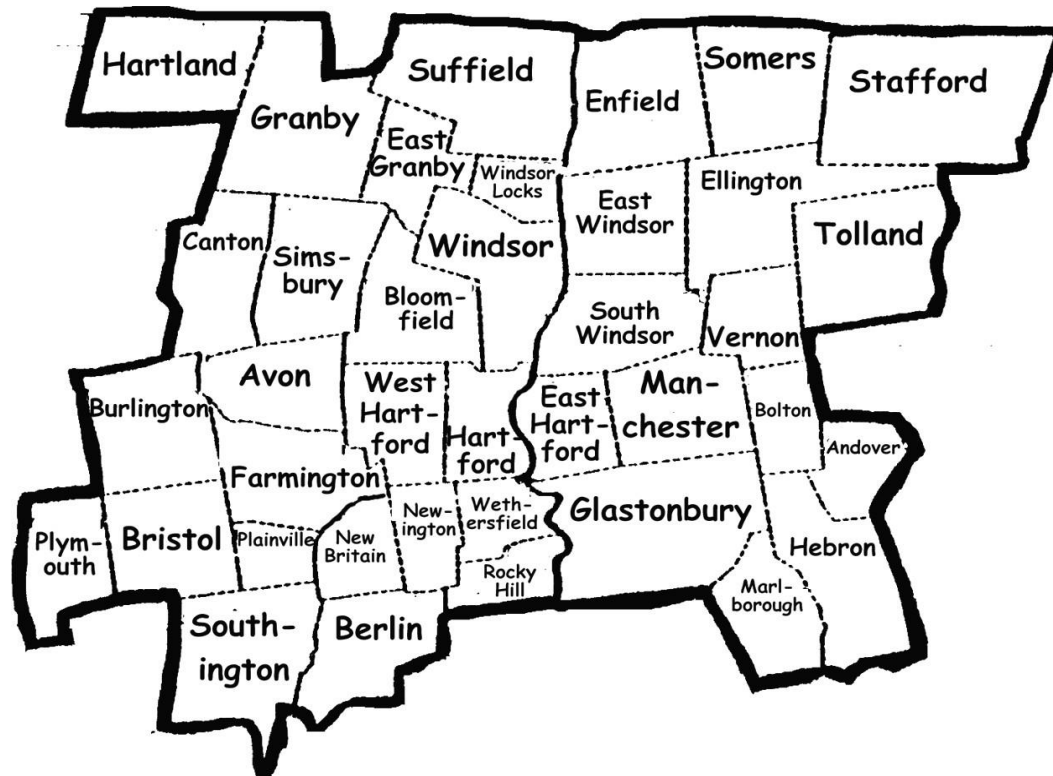
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*Preparation of this directory was financed with Title III Older Americans Act funds through the Connecticut State Unit on Aging.*

## INTRODUCTION

The North Central Area Agency on Aging, Inc. (NCAAA) is the regional organization that provides planning and financial support to agencies serving older residents of North Central Connecticut. As one of five Area Agencies on Aging in the state – and 655 in the country, NCAAA works with the *Aging Network*, which includes older persons, government officials, service providers, planning agencies, advocacy groups, and private-sector organizations. Based in Hartford, NCAAA serves a 38-town area. NCAAA is a private, non-profit advocacy organization serving the needs of older adults and their families in the North Central Connecticut area.

### NORTH CENTRAL SERVICE AREA



## FFY 2022 TITLE III PROGRAMS

The North Central Area Agency on Aging, Inc. (NCAAA) receives federal funding under Title III of the Older Americans Act through the Connecticut State Department on Aging, to encourage the development of a comprehensive and coordinated system of service delivery for older persons. Awards and contracts for State and Community Programs on Aging under Title III are categorized as follows:

Part A: General Provisions

Part B: Supportive Services and Senior Centers

Part C: Nutrition Services

    Sub-Part I: Congregate Nutrition Services

    Sub-Part II: Home Delivered Nutrition Services

Part D: Disease Prevention & Health Promotion Services

Part E: Caregiver Support Services

The local agencies supported by NCAAA provide a wide range of services including but not limited to: access services, adult day care, Alzheimer's programs, community education/counseling, community services, health services, in home services, legal services, nutrition programs, and supportive services for caregivers.

Following is a directory of programs and services funded by NCAAA under Title III for the program year, October 2021 through September 2022. The towns served by each program in addition to the services offered are noted with each program description. It also includes the Alzheimer's projects supported by state funds for the period July 2021 through June 2022.

Information about specific programs can be obtained by contacting that program directly using the phone number listed with each program description. Questions and/or comments regarding the information contained in the directory or difficulties obtaining services through the programs listed should be directed to Crystal Bailey, Grants Manager at 860-724-6443 ext. 246 or via [email at crystal.bailey@ncaaact.org](mailto:crystal.bailey@ncaaact.org)

## SUPPORTIVE SERVICES AND SENIOR CENTERS

### *ACCESS SERVICES*

Access services are funded under Part B of Title III and are support programs associated with providing older persons with access to services including information and referral, health services, outreach, and transportation.

### *Health Services*

**Catholic Charities, Inc.**  
839-841 Asylum Avenue  
Hartford, CT 06106  
Phone: 860-527-1124

Hartford

Therapeutic Activities

#### **Health Exercise**

Provides individuals with organized activities intended to improve their physical and emotional health.

**Community Health Center**  
635 Main Street  
Middletown, CT 06457  
Phone: 860-347-6971

Berlin, Bristol,  
Farmington,  
New Britain,  
Newington,  
Plainville,  
Plymouth,  
Wethersfield

Dental Clinic

#### **CHC New Britain Senior Dental Program**

Provides preventive care as well as restorative and prosthetic dental services.

**Monitor My Health, Inc**  
1000 Lafayette Blvd  
Ste. 1100  
Bridgeport, CT 06604

East Hartford,  
Hartford New  
New Britain

#### **North Central Area Health & Wellness**

Provide Diabetes and Heart Disease Prevention Programs to seniors at an increased risk for type 2 diabetes and heart disease.

<p><b>Community Health Services, Inc.</b> 500 Albany Avenue Hartford, CT 06120 Phone: 860-249-9625</p>	<p>Bloomfield East Hartford Hartford Newington New Britain Rocky Hill Windsor</p>	<p>Dental Clinic</p>	<p><b>CHS Senior Smiles Dental Program</b> Provides full dental services to patients age 60 and over. A sliding scale based upon household income according to Federal poverty level guidelines is offered. The clinic is open Monday – Friday 8:30am to 5:00pm</p>
<p><b>Horace Bushnell Congregate Homes</b> 51 Vine Street Hartford, CT 06112 Phone: 860-549-4877</p>	<p>Hartford</p>	<p>Health Education</p>	<p><b>Healthy Living Program</b> Provides program sessions to promote health: managing chronic diseases; smoking cessation; weight loss and control; stress management; falls prevention; physical activity and improved nutrition.</p>
<p><b>Parkville Senior Center</b> 11 New Park Avenue Hartford, CT 06106 Phone: (860) 232-7867</p>	<p>Hartford</p>	<p>Physical Activity</p>	<p><b>Healthy Activity Resources</b> Provides Health, Fitness, Interest and recreational activities</p>
<p><b>Town of Hebron Russell Mercier Senior Center</b> 12 Stonecroft Drive Hebron, CT 06248 Phone: (860) 228-1700</p>	<p>Hebron</p>	<p>Physical Activity</p>	<p><b>Physical Fitness</b> Physical activity programs focus on key areas important to health and fitness of older adults such as stretching and flexibility, low impact aerobics, strength training, and balance.</p>
<p><b>New Britain Senior Center</b> 55 Pearl Street New Britain, CT 06051 Phone: 860-826-3553</p>	<p>New Britain</p>	<p>Physical Activity</p>	<p><b>Zumba Gold</b> Provides an exercise program specifically designed for seniors, beginners and others who may require modifications to an exercise routine. The classes combine different dance styles including merengue,</p>

**Town of Plainville Senior Center**

200 East Street  
Plainville, CT 06062  
Phone: 860-747-5728

Berlin, Bristol,      Foot Care  
Burlington,  
Enfield  
Farmington,  
Plainville,  
Newington,  
New Britain,  
Plymouth,  
Southington

cha-cha, belly dance, rumba, tango, salsa and Stretch and Flex class in an effort to make exercising fun. The class is led by a certified Zumba Gold exercise instructor each Thursday.

**Plainville Health Promotion**

Offers a comprehensive fitness center. A routine foot care is available for senior center members and Plainville residents.

**Information & Referral**

**North Central Area Agency on Aging, Inc.**

151 New Park Avenue, Box 75  
Hartford, CT 06106  
Phone: 860-724-6443 or 1-800-994-9422

North Central      Information & Assistance  
Region

**CHOICES Program**

Provides free comprehensive information and assistance, outreach, counseling and eligibility screening services regarding a variety of aging issues, such as health insurance, and federal, state, and local benefits and/or support programs.

**Parkville Senior Center**

11 New Park Avenue  
Hartford, CT 06106  
Phone: 860-232-7867

Hartford      Social Support  
Benefits Counseling  
Outreach

**Social Services Initiative**

A reliable resource for members and community seniors to access help with basic needs, information, support counseling and benefits counseling

## **Outreach**

### **Town of Enfield Social Services**

1010 Enfield Street  
Enfield, CT 06082  
Phone: 860-253-6395

Enfield

Information & Assistance  
Outreach, Home Repair,  
Case Management, Benefits  
Counseling, Mental Health  
Screening

### **Enfield Cares Project**

Provides one stop access, information and referral services, social/emotional and community information to homebound seniors. Addressing a wide variety of needs to seniors in the Town of Enfield.

### **Town of Hebron/Russell Mercier Senior Center**

12 Stonecroft Drive  
Hebron, CT 06248  
Phone: (860) 228-1700

Hebron

Outreach  
Social Support

### **Hebron Social Services Outreach & Support**

Provides outreach and person-centered social support services, seniors will become aware of appropriate resources available, and how to secure them.

## **Transportation**

### **Human Resources Agency New Britain**

180 Clinton Street  
New Britain, CT 06053  
Phone: 860-225-8601

Bristol  
Burlington  
Farmington  
New Britain  
Plainville  
Plymouth

Transportation

### **HRA Elderly Transportation Program**

Provides rides for shopping, medical appointments, the Bristol Senior Center, and various other locations.



**City of Hartford Health & Human Services** Hartford  
Public Transportation Division  
131 Coventry Street  
Hartford, CT 06112  
Phone: 860-757-4724

Transportation

**Hartford Dial-A-Ride/Inter Town Grocery Shuttle**

Provides demand-response and pre-scheduled transportation services to older and disabled residents of Hartford. Service is provided to medical appointments, senior community cafés, senior centers, grocery shopping and religious services. Operates seven days a week. A weekly inter-town grocery shuttle is also offered.

**Community Renewal Team, Inc. (CRT)**  
555 Windsor Street  
Hartford, CT 06120  
Phone: 860-560-5600

Berlin  
New Britain  
Plainville  
Southington  
Suffield  
Windsor  
Windsor Locks

Transportation

**RSVP Medical Transportation Program**

Provides “door to door” medical transportation service through its Retired Senior Volunteer Program (RSVP) for senior citizens. CRT’s RSVP service will provide free rides (with suggested donations) that provide pick-up, appointment duration, and return-home support for convenience, companionship, safety and ease. CRT’s trained volunteers will be available Monday-Friday, 9 a.m. to 3 p.m.

**Town of Hebron**  
12 Stonecroft Drive  
Hebron, CT 06248  
Phone: (860) 228-1700

Hebron

Transportation

**Hebron Expanded Transportation Project**

Provides door to door Handicapped accessible Transportation to residents of Hebron/Amston to and from all destinations in Hebron plus 34 surrounding towns.

**Hockanum Valley Community Council**  
27 Naek Road, Suite 5a  
Vernon, CT 06066  
Phone: 860-872-9825

Andover, Bolton,  
East Hartford  
Ellington  
Glastonbury  
Manchester,  
Somers, South  
Windsor  
Strafford, Tolland  
Vernon

Transportation

**Early Morning and Senior Inter-Town  
Transportation**

Provides transportation primarily for medical purposes. Other trips may take place on a space available basis.

**Senior Transportation Services**

830 Corbin Avenue  
New Britain, CT 06052  
Phone: 860-224-7117

Berlin  
New Britain  
Plainville  
Southington

Medical Transportation

**Senior Medical Transportation Program**

Provides door-to-door transportation to medical appointments, including dentists and ophthalmologists.

**Town of Ellington**

40 Maple Street  
Ellington, CT 06029  
Phone: 860-870-3100

Ellington

Transportation

**Ellington Medical Appointment Transportation Services**

Provides door-to-door services to residents for non-emergency medical appointments on a scheduled basis for individuals age 60 years and older.

**Town of Windsor, Senior Services**

599 Matianuck Avenue  
Windsor, CT 06095  
Phone: 860-285-1992

Windsor

Transportation

**Evening and Weekends Senior Transportation**

Provides seniors an opportunity to attend a senior center activity, outing or restaurant in the evening and/or weekend.

## **LEGAL**

Legal services programs are funded under Part B of Title III and provide funds to agencies that have expertise in specific areas of law affecting older persons in economic and social need and that have the capacity to provide support to other aging advocacy efforts.

**Greater Hartford Legal Aid, Inc.**  
999 Asylum Avenue, 3<sup>rd</sup> Floor  
Hartford, CT 06105  
Phone: 860-541-5000

North Central  
Region

Legal Assistance

### **Senior Law Project**

Provides the following services:  
Full legal representation, brief services and legal advice to elderly individuals and groups; Information and referral through outreach and pamphlets; Law reform activities; Involvement of the private bar through its pro bono referral service; and Legislative Advocacy.

## **IN HOME SERVICES**

A wide range of in-home services is provided for older persons under Title III-B to improve their quality of life and prevent premature institutionalization. These services give preference to the elderly in greatest social and economic need, particularly low income, frail, homebound, and minority elderly. Preference is also given to programs that demonstrate innovative approaches to in-home service delivery.

**AHM Youth and Family Services**  
25 Pendleton Drive  
Hebron, CT 06248  
Phone: 860-228-9488

Andover  
Hebron  
Marlborough

Chores

### **AHM Chores Program**

An intergenerational program whereby teens provide chore services to seniors. Youth workers provide services such as light house cleaning, weeding gardening and other chores.

**Catholic Charities, Inc.**  
839 Asylum Avenue  
Hartford, CT 06105  
Phone: 860-527-1124

Hartford

Information & Assistance,  
Language & Translation,  
Benefits Counseling,  
Health Counseling

### **Comprehensive Senior Services**

Provides individuals with behavioral health counseling as well as education and access to community resources and entitlement programs that will ease their financial burdens and promote independent living.

**City of Hartford**  
131 Coventry Street  
Hartford, CT 06112  
Phone: 860-757-4730

Hartford

Benefits Counseling  
Homemaker  
Social Support

**HEART (Hartford Elderly Assessment Response Team) & Home Help**  
Provides homemaker and chore services to seniors 60 years of age and older. Social support and benefits counseling services are also provided.

**Communication Advocacy Network (CAN)**  
151 New Park Avenue, Suite 101  
Hartford, CT 06106  
Phone: 860-566-9489

North Central  
Region

Outreach  
Chore  
Homemaker  
Transportation  
Home Repair  
& Renovation  
Public  
Education  
Shopping Services

**Deaf Elderly Outreach Center**  
Provides referrals, advocacy and coordination of geriatric-based services to deaf and hard of hearing clients.

**Community Companion & Homemaking Services**  
90 South Park Street  
Willimantic, CT 06226  
Phone: 860-456-3626

Andover  
Hebron

Homemaker

**Homemakers for Andover and Hebron**  
Provides homemaker services to individuals based on their ability to contribute an affordable amount. Homemaker services include general cleaning, shopping, laundry, meal preparation, medication reminder, transportation to doctor's appointments and respite for the caregivers of very frail elderly.

**CT Coalition of Mutual Assistance Assoc.**  
2074 Park Street, Suite 103  
Hartford, CT 06106  
Phone: 860-236-6452

Bloomfield  
East Hartford  
Hartford  
Manchester  
Newington  
New Britain  
West Hartford  
Windsor  
Windsor Locks

Language Translation  
Social Support  
Medical Transportation

**Social Support, Medical Transportation and Language Translation for Elderly Refugees and Immigrants**  
Provides social support services to refugees and immigrants with very little proficiency in English.

**Town of Glastonbury Senior & Social Svc.**  
2155 Main Street  
Glastonbury, CT 06033  
Phone: 860-652-7710

Glastonbury

Chore

**Glastonbury Gives and Cares**  
Provides chore service for seniors who want to remain in their home but need assistance with ongoing housekeeping.

**Hockanum Valley Community Council, Inc.**  
27 Naek Road, Suite 4  
Vernon, CT 06066  
Phone: 860-872-9825

Bolton  
Ellington  
Manchester  
South Windsor  
Stafford  
Tolland  
Vernon

Benefits Counseling  
Food Pantry  
Mental Health  
Counseling  
Outreach  
Recreation  
Social Support

**Elderly Services**  
Provides supportive services: mental health counseling, case management counseling services, and health and educational sessions. A food pantry including delivery of food pantry items to the homebound is available.

**Human Resources Agency New Britain**  
180 Clinton Street  
New Britain, CT 06053  
Phone: 860-225-8601

Bristol  
Burlington  
New Britain  
Farmington  
Plainville  
Plymouth

Homemaker

**Homemaker Program**  
Provides both long and short-term homemaker services. Short-term services are especially helpful for those who are convalescing from illness or injury and after being discharged from the hospital or similar situation.

<p><b>Town of East Hartford</b>  Department of Parks &amp; Rec., Sr. Services Div.  740 Main Street  East Hartford, CT 06108  Phone: 860-569-5659</p>	<p>East Hartford</p>	<p>Shopping Services</p>	<p><b>East Hartford Grocery Delivery</b>  Older Adults may place their own grocery order over the phone and groceries are delivered from a major area supermarket. There is no delivery fee.</p>
<p><b>Town of Ellington</b>  40 Maple Street  Ellington, CT 06029  Phone: 860-870-3100</p>	<p>Ellington</p>	<p>Food Pantry</p>	<p><b>Ellington Nutritional Partnership</b>  Serves nutritious and delicious meals for lunch twice weekly to individuals 60 and older. Individuals will be asked to contribute a suggested donation of \$3.50 per meal.</p>
<p><b>Town of Plainville, Senior Center</b>  200 East Street  Plainville, CT 06062  Phone: 860-747-5728</p>	<p>Plainville</p>	<p>Foot Care  Social Support  Therapeutic  Activity</p>	<p><b>Therapeutic Activity and Social Support Program</b> Provides One on one attention and mental health support structured small group activities and socialization for those unable to participate fully in senior center or other community functions.</p>
<p><b>Town of Windsor</b>  599 Matianuck Avenue  Windsor, CT 06095  Phone: 860-285-1839</p>	<p>Windsor</p>	<p>Food Pantry</p>	<p><b>Groceries to Go Program</b>  Provides groceries to seniors every other Friday from 10:30 – 11:30am</p>

**West Hartford Housing Authorities**  
80 Shield Street  
West Hartford, CT 06110  
Phone: 860-233-3596

West Hartford      Social Support

**Elderly Access to Services**  
Provides social support to encourage appropriate use of health services to help reduce barriers to accessing comprehensive health and social support.

**ADULT DAY CARE**

Adult Day Care programs are funded under Part B of Title III and provide a structured program of social, health, and rehabilitative services to frail older adults. Services are designed to promote the individual's maximum level of functioning and dignity while preventing premature or inappropriate institutionalization. Adult Day Care services also provide necessary respite for caregivers.

**Hebrew Health Care**  
1 Abrahms Boulevard  
West Hartford, CT 06117  
Phone: 860-523-3800

Bloomfield  
Canton  
East Hartford  
Farmington  
Hartford,  
Manchester  
Simsbury, West  
Hartford, Windsor

Adult Day Care (Medical)

**Dawn to Dusk**  
Provides service six days per week, including many national and Jewish holidays. In addition, Monday through Friday program hours are 8:00am – 4:00pm schedule. Following the medical model, health and wellness-related services are intermingled with social programs.

**Town of Windsor**  
330 Windsor Avenue  
Windsor, CT 06095  
Phone: 860-547-0251

Bloomfield  
East Granby, East  
Windsor, Hartford  
Granby, South  
Windsor  
Windsor, Windsor  
Locks

Adult Day Care (Medical)

**Caring Connection Adult Day Health Ctr.**  
Provides daily programming, health care services and respite for caregivers in a safe, structured and medically supervised community setting designed for frail elders and the disabled who otherwise might be prematurely transitioned to an institutional setting. Open Monday through Friday from 8:00 a.m. to 4:30 p.m.



### **EDUCATION / COUNSELING SERVICES**

Community Education and Counseling services are funded under Part B of Title III and support projects that demonstrate the ability to educate the community about issues, services and products designed to assist persons 60 years and older and their caregivers. Counseling services, including but not limited to psychosocial group sessions and individual counseling may also be provided.

**CT Coalition of Mutual Assistance Assoc.**  
2074 Park Street, Suite 103  
Hartford, CT 06106  
Phone: 860-236-6452

Bloomfield  
East Hartford  
Hartford  
Manchester  
Newington  
New Britain  
West Hartford  
Windsor  
Windsor Locks

Language Translation  
Social Support  
Medical Transportation

**Social Support, Medical Transportation  
and Language Translation for Elderly  
Refugees and Immigrants**  
Provides social support services to refugees  
and immigrants with very little proficiency  
in English.

### **COMMUNITY SERVICES**

Community services projects are those that expand opportunities, foster independent action and provide specific services to the older adult community. These include training, re-training, volunteer/job placement, economic development, and housing support services.

**Parkville Senior Center**

11 New Park Avenue  
Hartford, CT 06106  
860-232-7867

Hartford

Senior Center Participation

**Cultural Heritage Celebrations**

Celebrates the culture of the many members who make up the diverse center. The celebrations have recognized the Vietnamese, African American, Guyanese, Trinidadian, Irish, Portuguese, French, German, Assyrian, Hungarian, West Indian, Italian and Hispanic heritages.

**Human Resources Agency New Britain**

180 Clinton Street New  
Britain, CT 06053 Phone:  
860-225-8601

Bristol  
Burlington  
New Britain  
Farmington  
Plainville  
Plymouth

Information & Assistance  
Outreach

**HRA Elderly Service Program**

Provides outreach and information sharing to identify elders who are at risk or abused to empower and support them to get assistance from appropriate community resources.

## **NUTRITION SERVICES**

Nutrition programs are funded under Part C of Title III. Subpart I funds congregate meal site programs; these are meals served at senior centers, housing complexes, and various other locations, referred to as “senior community cafés”. Subpart II funds home delivered meals programs; these meals are delivered directly into the homes of homebound seniors.

### **Community Renewal Team, Inc.**

555 Windsor Street  
Hartford, CT 06120  
Phone: 860-560-5600

Almost entire  
North Central  
Region (except  
Greater New  
Britain area);  
check with  
program for  
availability

Congregate Meals  
Home Delivered Meals  
Nutrition Counseling  
Nutrition Education

### **Elderly Nutrition Program**

Provides meals at senior community cafés throughout the Capitol sub-region (Greater Hartford area) during the week. Additional meals (two per day) are delivered to homebound clients. Nutrition counseling and education is also offered.

### **CW Resources, Inc.**

200 Myrtle Street  
New Britain, CT 06053  
Phone: 860-229-7700

Berlin, Bristol,  
Burlington  
New Britain  
Plainville  
Plymouth  
Southington

Congregate Meals  
Home Delivered Meals  
Nutrition Counseling  
Nutrition Education

### **Elderly Nutrition Program**

Provides meals at senior community cafés throughout the Central sub-region (Greater New Britain area) during the week. Home delivered meals are available for homebound clients. Nutrition counseling and education is also offered.

### **City of Hartford Health & Human Services**

131 Coventry Street  
Hartford, CT 06112  
Phone: 860-757-4700

Hartford

Congregate Meals  
Nutrition Education

### **Hartford Elderly Nutrition Program**

Provides meals at senior community cafés at locations within the City of Hartford during the week.

### **Town of Enfield**

1010 Enfield Street  
Enfield, CT 06092  
860-253-6394

Enfield

Congregate Meals

### **Elderly Nutrition Program**

Provides meals at senior community cafés

**Senior Community Cafés (Congregate Meal Sites) in the North Central Region**

<b>Town</b>	<b>Café Site</b>	<b>Location/ Phone Number</b>	<b>Day(s) of Operation</b>	<b>Managed By</b>
Avon	Avon Senior Center	635 West Avon Road Avon, CT 06001 860-674-4353	Tuesday, Thursday	Community Renewal Team
Berlin	Berlin Senior Center	33 Colonial Drive Kensington, CT 06037 860-670-8546	Monday – Friday	CW Resources
Bloomfield	Bloomfield Senior Center	330 Park Avenue Bloomfield, CT 06002 860-243-2535	Tuesday, Wednesday	Community Renewal Team
Bloomfield	Federation Homes	156 Wintonbury Avenue Bloomfield, CT 06002 860-243-2535	Monday – Friday	Community Renewal Team
Bristol	Bristol Senior Center	240 Stafford Avenue Bristol, CT 06010 860-582-5928	Monday – Friday	CW Resources
Bristol	Kennedy Apartments	70 Gaylord Street Bristol, CT 06010 860-583-3773	Monday – Friday	CW Resources
Canton	Canton Senior Center	40 Dyer Avenue Collinsville, CT 06022 860-693-5811	Wednesday, Friday	Community Renewal Team
East Hartford	South End Senior Center	70 Canterbury Street East Hartford, CT 06118 860-569-5655	Monday – Wednesday	Community Renewal Team

East Windsor	East Windsor Senior Center	125 Main Street Broad Brook, CT 06016 860-292-8279	Monday – Friday	Community Renewal Team
Enfield	Enfield Senior Center	299 Elm Street Enfield, CT 06082 860-763-7428	Monday – Friday	Community Renewal Team
Enfield	Mark Twain Congregate	110 South Road Enfield, CT 06082 860-749-4816	Monday – Friday Saturday – Sunday	Community Renewal Team
Granby	Granby Senior Center	15-C North Granby Road Granby, CT 06035 860-844-5351	Tuesday, Thursday	Community Renewal Team
Hartford	Hispanic Senior Center	95 Park Street Hartford, CT 06106 860-527-1127 x289	Monday – Friday	Community Renewal Team
Hartford	Mahoney Village	73-79 Vine Street Hartford, CT 06112 860-723-8457	Monday – Friday	Community Renewal Team
Hartford	North End Senior Center	80 Coventry Street Hartford, CT 06112 860-757-0801	Monday – Friday	City of Hartford (HHHS)

Hartford	Parkville Senior Center	11 New Park Avenue Hartford, CT 06106 860-232-7867	Monday – Friday	Community Renewal Team
Hartford	Shepherd Park Apartments	170 Sisson Avenue Hartford, CT 06105 860-523-9159	Monday (evening)	Community Renewal Team
Hartford	Smith Towers	80 Charter Oak Avenue Hartford, CT 06106 860-723-8448	Monday – Friday	Community Renewal Team
Hartford	South End Senior Wellness Center	830 Maple Ave Hartford, CT 06114 860-757-0840	Monday – Friday	City of Hartford (HHHS)
Hartford	Tuscan Brotherhood Homes	66 Montville Street Hartford, CT 06120 860-527-8437	Monday – Friday	Community Renewal Team
Hebron	Russell Mercier Senior Center	14 Stonecroft Drive Hebron, CT 06248 860-228-1700	Monday, Tuesday, Thursday	Community Renewal Team
Marlborough	Marlborough Senior Center	17 School Drive Marlborough, CT 06447 860-292-8279	Monday, Wednesday, Friday	Community Renewal Team
New Britain	New Britain Senior Center	55 Pearl Street New Britain, CT 06051 860-826-3553	Monday – Friday	CW Resources

Newington	Newington Senior Center	120 Cedar Street Newington, CT 06111 860-667-5837	Monday – Friday	Community Renewal Team
Plainville	Plainville Senior Center	200 East Street Plainville, CT 06062 860-747-5728	Monday – Friday	CW Resources
Plymouth	Gosinski Park	31 Gosinski Park Terryville, CT 06786 860-670-8818	Monday – Friday	CW Resources
South Windsor	South Windsor Senior Center	150 Nevers Road South Windsor, CT 06074 860-648-6361	Monday – Friday	Community Renewal Team
Southington	Calendar House	388 Pleasant Street Southington, CT 06489 860-621-6738	Monday – Friday	CW Resources
Stafford	Stafford Springs Senior Center	3 Buckley Highway Stafford Springs, CT 06076 860-684-3906	Monday – Friday	Community Renewal Team
Vernon	Florence Mills	121 West Main Street Rockville, CT 06066 860-324-6325	Monday, Wednesday	Community Renewal Team
Vernon	Franklin Park Apartments	114 Franklin Park Rockville, CT 06066 860-913-5516	Monday – Friday	Community Renewal Team

Vernon	Highrise Apartments	21 Court Street Rockville, CT 06066 860-324-6325	Tuesday, Thursday, Friday	Community Renewal Team
West Hartford	Elmwood Community Center	1106 New Britain Avenue West Hartford, CT 06117 860-561-8167	Monday – Friday	Community Renewal Team
West Hartford	Federation Square	2 Starkel Road West Hartford, CT 06117 860-236-4136	Monday – Friday	Community Renewal Team
Wethersfield	Wethersfield Senior Center/ William Pitkin Community Center	30 Greenfield Street Wethersfield, CT 06109 860-721-2955	Monday – Friday	Community Renewal Team
Windsor	LP Wilson Community Center	599 Matianuck Avenue Windsor, CT 06095 860-285-1843	Monday – Friday	Community Renewal Team
Windsor Locks	Ettore Carniglia Senior Center	41 Oak Street Windsor Locks, CT 06096 860-627-1425	Monday – Friday	Community Renewal Team



**DISEASE PREVENTION & HEALTH PROMOTION SERVICES**

Disease Prevention and Health Promotion services are funded under Part D of Title III and provide older persons with preventative health services and information not reimbursable under Medicare. These programs foster independence and allow people to remain independent. In the North Central region, all programs are evidence-based.

**City of Hartford, Health & Human Services**    Hartford  
131 Coventry Street  
Hartford, CT 06112  
Phone: 860-757-4730

Health Screening  
Therapeutic Activity

**Keep On Living Wellness Project**  
Promotes good health, physical activity, related health information/screenings and counseling. Services include medication management, health screenings and physical activity programs to support active lifestyles.

**CT Community Care Inc.**  
43 Enterprise Drive  
Bristol, CT 06010  
860-589-6226

Avon  
East Hartford  
Glastonbury  
Granby  
Hebron  
Newington  
South Windsor

Fall Prevention

**Falls Prevention**  
Evidence-based falls prevention programs that have been proven to reduce falls, fear of falling, and fall related injuries in older adults.

## **CAREGIVER SUPPORT SERVICES**

Caregiver Support services, which are funded under Part E of Title III, provide information about the availability of support services, assistance in gaining access to them, and individual and group counseling to help make decisions and solve problems for family caregivers and grandparents raising grandchildren.

### **Supportive Services for Grandparents/ Relatives Raising Children**

<b>Catholic Charities, Inc.</b> Institute for the Hispanic Family <b>839 Asylum Avenue</b> Hartford, CT 06105 Phone: 860-527-1124	Hartford	Caregiver Counseling Caregiver Support Groups	<b>Grandparents as Grandparents Program</b> Addresses the gaps in community-based services for bi-lingual/bi-cultural elderly primary caregivers or legal guardians of a relative child under 18 years of age. Services include: outreach, relevant support services, referrals and advocacy, benefits counseling, weekly support group sessions and other supplemental services.
<b>Community Renewal Team, Inc.</b> 555 Windsor Street Hartford, CT 06120 Phone: 860-560-5608	Hartford	Child Respite	<b>Grandparents Education and Respite</b> Provides a combined education and respite program for Hartford residents 55 and older who are the primary caregivers for their grandchildren. The grandchildren are the dependents of those Hartford residents.
<b>The Salvation Army</b> 217 Washington Street Hartford, CT 06106 Phone: 860-543-8413	Bloomfield East Hartford Hartford Newington West Hartford Wethersfield Windsor	Caregiver Support Group Caregiver Training Child Respite Caregiver Counseling Outreach	<b>Parents Second Time Around</b> Provides Outreach, Social Services Support, Caregiver counseling, Support Groups, and Adult and Child Respite. Families will develop a Family Goal Plan, build trust, enhance communication, cohesiveness, and increase tangible resources to support each caregiver/family.

**Town of Plainville**  
200 East Street  
Plainville, CT 06062  
Phone: 860-747-5728

**Town of Windsor**  
599 Matianuck Avenue  
Windsor, CT 06095  
Phone: 860-285-1990

Berlin, Bristol,  
Burlington,  
Enfield  
Farmington  
Plainville  
Plymouth, Newington  
New Britain  
Southington

Windsor

Caregiver Training

Caregiver Training  
Education Benefits  
Child Respite

**Grandparents Raising Grandchildren Program** Provides grandparents with an opportunity to connect on issues of raising young children in today's world as well as a way to obtain information and education on other topics that are relevant to this population. Group meets monthly.

**Grandparents & Kinship Circle**  
Support and resource group for Grandparents Raising Grandchildren and other caregivers raising others children

### **STATE ALZHEIMER'S AIDE**

The State of Connecticut provides funds to support special Alzheimer's Aide projects. In the North Central region, this funding has been allocated to five adult day center sites for an Alzheimer's Aide designated to attend to the needs of Alzheimer's participants.

#### **The Caring Connection Adult Day Center**

330 Windsor Avenue

Windsor, CT 06095

Phone: 860-547-0251

#### **Hebrew Health Adult Day Services at Hebrew Health Care**

1 Abrahms Boulevard

West Hartford, CT 06110

Phone: 860-523-3816