



Caregiver Services through North Central Area Agency on Aging

Caring for a loved one can be stressful and at times overwhelming. Research shows that most caregivers need help understanding what options are available and also need help finding time for themselves. Providing care for an older adult can also be a financial burden for many caregivers. The North Central Area Agency on Aging (NCAAA) understands this and provides support to caregivers in their efforts to keep their loved ones safely at home. In an effort to alleviate some of the stress associated with providing care, NCAAA offers respite care and supplemental services for caregivers of older adults, in addition to general guidance and support.

Respite Care Services. Respite care is a short term option designed to provide a temporary break from the physical and emotional stress of caregiving. Respite care services include, but are not limited to: adult day care, home health aides, homemaker, companion, skilled nursing care, or short term assisted living or nursing home care. Funds may be used for day or night respite. A mandatory assessment must be completed before respite services are provided.

Supplemental Services. Supplemental services are one time health-related items or service options designed to help “fill the gap” when there is a need or there are no other ways to obtain the service or item. Supplemental services help improve the quality of life of the care recipient and help to alleviate the strain on caregivers who care for older individuals. Supplemental services include, but are not limited to, home safety modifications and medical related equipment.

Who is eligible?

All applicants must have an identified caregiver in order to receive services. The term ‘caregiver’ means an adult relative or non-relative, or another individual who is an informal provider of in-home and community care. Only caregivers who provide care to the applicant that meets the eligibility requirements listed below may receive respite care or supplemental services through these programs. Guidance and support services are available to all caregivers.

Connecticut Statewide Respite Care Program (CSRCP) – Respite Care Only

To be eligible for CSRCP services, the person receiving care must:

- Have Alzheimer’s disease or an irreversible dementia such as: Multi infarct dementia, Parkinson’s disease, Lewy Body Dementia, Huntington’s disease, Normal Pressure Hydrocephalus, or Pick’s disease. (The care recipient’s physician will be required to confirm the diagnosis of dementia.)
- Have an income of no more than \$44,591 per year and no more than \$118,549 in liquid assets.

National Family Caregiver Support Program (NFCSP) – Respite Care & Supplemental Services

To be eligible for NFCSP Respite Care or Supplemental services, the CAREGIVER must:

- Be over 18 and caring for a person aged 60 years or older, OR
- Be a relative caregiver age 55 or older, who is not a parent, and is caring full-time for an adult age 19-59 with disabilities.



To be eligible for NFCSP Respite Care or Supplemental services, the CARE RECIPIENT must:

- Need assistance with at least two (2) activities of daily living (ADLs). ADLs include bathing, dressing, toileting, eating, walking without substantial human assistance. OR
- Have a cognitive or other mental impairment that requires substantial supervision.

Is there a cost for the services?

Connecticut Statewide Respite Care Program (CSRCP). For this program, a mandatory 20% co-payment toward the cost of services received is required. A waiver may be requested in cases of financial hardship.

National Family Caregiver Support Program (NFCSP). For this program, a cost share contribution is requested toward the cost of services received based on the care recipient’s income as listed below.

Based on 2015 US Poverty Guidelines Income Range (% of FPL)	Individual ‘s Monthly Income	Couple’s Monthly Income	Cost Share Amount
0 – 100%	\$0 to \$981	\$0 to \$1,328	donations accepted
101 – 150%	\$981 to \$1,472	\$1,329 to \$1,992	5%
151 – 200%	\$1,473 to \$1,962	\$1,993 to \$2,656	10%
201 – 250%	\$1,963 to \$2,453	\$2,657 to \$3,320	20%
251 – 300%	\$2,454 to \$2,943	\$3,321 to \$3,984	40%
301 – 350%	\$2,944 to \$3,434	\$3,985 to \$4,648	60%
351 – 400%	\$3,435 to \$3,924	\$4,649 to \$5,312	80%
Over 400%	\$3,925 and over	\$5,313 and over	100%

How to Apply

To apply for Respite Care or Supplemental Services, caregivers must complete a “Services for Caregivers” application. The application is available on NCAAA’s website: www.ncaaact.org. It can also be requested by contacting NCAAA at 860-724-6443 ext. 230.

Caregivers are not expected to determine which program the application is being submitted for. The program(s) selected for you will depend on meeting the eligibility requirements and the types of services requested.

Completed applications for caregiver services should be submitted to:

Via Mail –

North Central Area Agency on Aging
 Attn: Caregiver Support Team
 151 New Park Avenue, Box 75
 Hartford, CT 06106

Via Fax –

860-251-6107
 OR Attn: Caregiver Support Team

Contact Information

For more information about the caregiver services offered by NCAAA:

- Call the NCAAA office at 860-724-6443 and ask for the “Caregiver Team” or dial ext. 230.
- Check NCAAA’s website at www.ncaaact.org.
- Visit the NCAAA office Monday through Friday from 8:30am until 4:00pm.

